

**PETREE COLLEGE OF ARTS & SCIENCES**  
**Three Year Plan (106 toward the 124 CHs total) \***  
**Accelerated Bachelor of Science (B.S.) in Exercise Science Degree**

**GENERAL EDUCATION 25.26**

First Year – Fall Semester	✓	First Year – Spring Semester	✓
Introduction to ESS (ESS 1602) Human Anatomy + Lab (BIOL 2304) Concepts in Biology (BIOL 1114) Concepts in Biology Lab  <b>English Composition I (ENGL 1113)</b> <b>General education course</b> Total: 15-16 CHs	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Human Physiology + Lab (BIOL 2404)  <b>English Composition II (ENGL 1213)</b> <b>General education course(s)</b>  Total: 15-16 CHs	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<b>SUMMER</b>	✓		
Nutrition (ESS 2403) <b>General education course</b> Total: 6 CHs	<input type="checkbox"/> <input type="checkbox"/>		
Second Year – Fall Semester	✓	Second Year – Spring Semester	✓
ESS Physical Activity (ESS 1161) General Chemistry I (CHEM 1104) General Chemistry I Lab (CHEM 1141)  <b>General education course(s)</b>  Total: 15-16 CHs	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Kinesiology & Biomechanics (ESS 3213) Kinesiology & Biomechanics Lab (ESS 3241) General Chemistry II (CHEM 1204) General Chemistry II Lab (CHEM 1241) Lifespan Development (PSYC 2013) <b>General education course(s)</b> Total: 15-16 CHs	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<b>SUMMER</b>	✓		
<b>General education course(s)</b>  Total: 6 CHs	<input type="checkbox"/> <input type="checkbox"/>		
Third Year – Fall Semester	✓	Third Year – Spring Semester	✓
Physiology of Exercise (ESS 3413) Physiology of Exercise Lab (ESS 3441) General Physics I (PHYS 1503) General Physics I (PHYS 1541) Statistics for the Behavioral Sci. (PSYC 2303) ESS Internship. (ESS 4483) <b>General education course(s)</b>  Total: 15-16 CHs	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Fitness Testing & Exercise Prep (ESS 4303) Fitness Testing & Exercise Prep Lab (ESS 4341) Program Techniques for S & C (ESS 4703) General Physics II (PHYS 1603) General Physics II (PHYS 1641) Capstone (ESS 4663)  Total: 15-16 CHs	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

\* Specific course offerings may vary dependent upon enrollment and faculty availability; courses may not fall in the exact semester listed above.

\*\* This template, of 15-16 CHs per semester, with a 106 Undergraduate CHs the remaining 18CHs (to reach the 124 CHs total) will be awarded in the first year of your PT program

\_\_\_\_\_  
 Advisor Signature      MM DD YYYY

\_\_\_\_\_  
 Student Signature      MM DD YYYY

✓	Requirements:	BS	BA
<input type="checkbox"/>	English Composition I (ENGL 1113)	3	
<input type="checkbox"/>	English Composition II (ENGL 1213)	3	
<input type="checkbox"/>	The Bible and Culture (REL 1003) <b>OR</b> Introduction to World Religions (REL 1513)	3	
<input type="checkbox"/>	Literature: World (ENGL 2603) <b>OR</b> Western (ENGL 2103) <b>OR</b> British (ENGL 2403, 2413, 2703) <b>OR</b> American (ENGL 2713, 2813) <b>OR</b> Honors Seminar in Ethics & Lit (ENGL/PHIL 2004H)	3	
<input type="checkbox"/>	Fine Arts (Any ART, FILM, MUS, THRE, DANC, INDP 1013, ENGL 2123)	3	
<input type="checkbox"/>	Philosophy/Ethics (PHIL/REL 2163, 2213, 2313, 2413, 2613, 2703 <b>OR</b> PHIL/PHRH 2513 <b>OR</b> MGMT 2223 )	3	
<input type="checkbox"/>	American/U.S. History (HIST 1003 or HIST 1103) (International Students must take HIST 1113)	3	
<input type="checkbox"/>	American Governance (POLS 1113) (International students must take POLS 1013)	3	
<input type="checkbox"/>	Introduction to Psychology (PSYC 1113)	3	
<input type="checkbox"/>	Mathematics (MATH 1503 or 1603, ECON 2123, PSYC 2303 <b>OR</b> a higher-level mathematics class)	3	
<input type="checkbox"/>	Methods of Scientific Inquiry (SCI 1003)	3	
<input type="checkbox"/>	Integrated Science Laboratory (SCI 1041) [ Not required for those who have passed a 2000 level or above lab science ]	1	
<input type="checkbox"/>	Foreign Language. - BS/BFA requires 6 hours (2 courses) - BA requires 12 hours (4 courses)	6	12
<input type="checkbox"/>	Cross-Cultural Studies		
<input type="checkbox"/>	Service Learning		
<input type="checkbox"/>	Capstone		
<input type="checkbox"/>	Public Speaking (PHRH 1103)	3	
<input type="checkbox"/>	Laboratory Science (BIOL, CHEM, or PHYS)	4	
<input type="checkbox"/>	International or Diversity (approved courses or study abroad)	3	