

PETREE COLLEGE OF ARTS & SCIENCES
Four Year Plan (124 CHs total) *
Bachelor of Science (B.S.) in Exercise Science Degree

GENERAL EDUCATION 25.26

First Year – Fall Semester	✓	First Year – Spring Semester	✓
Introduction to ESS (ESS 1602)	<input type="checkbox"/>	Physical Activity (ESS 1161)	<input type="checkbox"/>
	<input type="checkbox"/>	ESS Elective	<input type="checkbox"/>
English Composition I (ENGL 1113)	<input type="checkbox"/>	English Composition II (ENGL 1213)	<input type="checkbox"/>
General education course	<input type="checkbox"/>	General education course(s)	<input type="checkbox"/>
	<input type="checkbox"/>		<input type="checkbox"/>
Total: 15-16 CHs		Total: 15-16 CHs	
Second Year – Fall Semester	✓	Second Year – Spring Semester	✓
Human Anatomy & Physiology I (BIOL 2003)	<input type="checkbox"/>	Kinesiology & Biomechanics (ESS 3213)	<input type="checkbox"/>
Human Anatomy & Physiology I Lab (BIOL 2041)	<input type="checkbox"/>	Kinesiology & Biomechanics Lab (ESS 3241)	<input type="checkbox"/>
Statistics for the Behavioral Sci. (PSYC 2303)	<input type="checkbox"/>	Human Anatomy & Physiology II (BIOL 2103)	<input type="checkbox"/>
	<input type="checkbox"/>	Human Anatomy & Physio. II Lab (BIOL 2141)	<input type="checkbox"/>
General education course(s)	<input type="checkbox"/>	General education course(s)	<input type="checkbox"/>
	<input type="checkbox"/>		<input type="checkbox"/>
Total: 15-16 CHs		Total: 15-16 CHs	
Third Year – Fall Semester	✓	Third Year – Spring Semester	✓
Physiology of Exercise (ESS 3413)	<input type="checkbox"/>	General Chemistry II (CHEM 1204)	<input type="checkbox"/>
Physiology of Exercise Lab (ESS 3441)	<input type="checkbox"/>	General Chemistry II Lab (CHEM 1241)	<input type="checkbox"/>
General Chemistry I (CHEM 1104)	<input type="checkbox"/>	Internship (ESS 4483)	<input type="checkbox"/>
General Chemistry I Lab (CHEM 1141)	<input type="checkbox"/>	ESS Elective or BIOL Elective	<input type="checkbox"/>
	<input type="checkbox"/>		<input type="checkbox"/>
General education course(s)	<input type="checkbox"/>	General education course(s)	<input type="checkbox"/>
	<input type="checkbox"/>		<input type="checkbox"/>
Total: 15-16 CHs		Total: 15-16 CHs	
Fourth Year – Fall Semester	✓	Fourth Year – Spring Semester	✓
ESS Elective	<input type="checkbox"/>	EXRX (ESS 4303) + Lab (ESS 4341)	<input type="checkbox"/>
ESS Elective	<input type="checkbox"/>	ESS Elective	<input type="checkbox"/>
General Physics I (PHYS 1503)	<input type="checkbox"/>	Capstone (ESS 4663)	<input type="checkbox"/>
General Physics I (PHYS 1541)	<input type="checkbox"/>	General Physics II (PHYS 1603)	<input type="checkbox"/>
	<input type="checkbox"/>	General Physics II (PHYS 1641)	<input type="checkbox"/>
General education course(s)	<input type="checkbox"/>	General education course(s)	<input type="checkbox"/>
	<input type="checkbox"/>		<input type="checkbox"/>
Total: 15-16 CHs		Total: 15-16 CHs	

✓	Requirements:	BS	BA
<input type="checkbox"/>	English Composition I (ENGL 1113)		3
<input type="checkbox"/>	English Composition II (ENGL 1213)		3
<input type="checkbox"/>	The Bible and Culture (REL 1003) OR Introduction to World Religions (REL 1513)		3
<input type="checkbox"/>	Literature: World (ENGL 2603) OR Western (ENGL 2103) OR British (ENGL 2403, 2413, 2703) OR American (ENGL 2713, 2813) OR Honors Seminar in Ethics & Lit (ENGL/PHIL 2004H)		3
<input type="checkbox"/>	Fine Arts (Any ART, FILM, MUS, THRE, DANC, INDP 1013, ENGL 2123)		3
<input type="checkbox"/>	Philosophy/Ethics (PHIL/REL 2163, 2213, 2313, 2413, 2613, 2703) OR PHIL/PHRH 2513 OR MGMT 2223)		3
<input type="checkbox"/>	American/U.S. History (HIST 1003 or HIST 1103) (International Students must take HIST 1113)		3
<input type="checkbox"/>	American Governance (POLS 1113) (International students must take POLS 1013)		3
<input type="checkbox"/>	Introduction to Psychology (PSYC 1113)		3
<input type="checkbox"/>	Mathematics (MATH 1503 or 1603, ECON 2123, PSYC 2303 OR a higher-level mathematics class)		3
<input type="checkbox"/>	Methods of Scientific Inquiry (SCI 1003)		3
<input type="checkbox"/>	Integrated Science Laboratory (SCI 1041) [Not required for those who have passed a 2000 level or above lab science]		1
<input type="checkbox"/>	Foreign Language: - BS/BFA requires 6 hours (2 courses) - BA requires 12 hours (4 courses)	6	12
<input type="checkbox"/>	Cross-Cultural Studies		
<input type="checkbox"/>	Service Learning		
<input type="checkbox"/>	Capstone		
<input type="checkbox"/>	Public Speaking (PHRH 1103)		3
<input type="checkbox"/>	Laboratory Science (BIOL, CHEM, or PHYS)		4
<input type="checkbox"/>	International or Diversity (approved courses or study abroad)		3

& MINOR in:	
Courses	CHs
_____	_____
_____	_____

 Advisor Signature MM DD YYYY

 Student Signature MM DD YYYY

* Specific course offerings may vary dependent upon enrollment and faculty availability; courses may not fall in the exact semester listed above.

** This template, of 15-16 CHs per semester, with a 124 CHs total (some dedicated to the Major and some dedicated to General Education), will result in a 4-year degree completion.