

**PETREE COLLEGE OF ARTS & SCIENCES**  
**Four Year Plan (124 CHs total) \***  
**Bachelor of Science (B.S.) in Human Performance**

**GENERAL EDUCATION 24.25**

First Year – Fall Semester	✓	First Year – Spring Semester	✓
Introduction to ESS (ESS 1602) <input type="checkbox"/> Fundamentals of Biology with lab (BIOL 1214) <input type="checkbox"/> <i>or</i> Chem in Modern Life + Lab (CHEM 1014) <input type="checkbox"/> English Composition I (ENGL 1113) <input type="checkbox"/> General education course <input type="checkbox"/>  Total: 15-16 CHs		ESS Elective <input type="checkbox"/>  English Composition II (ENGL 1213) <input type="checkbox"/> General education course(s) <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Total: 15-16 CHs	
Second Year – Fall Semester	✓	Second Year – Spring Semester	✓
Applied Anatomy (ESS 2203) <input type="checkbox"/> Statistics for the Behavioral Sci. (PSYC 2303) <input type="checkbox"/>  General education course(s) <input type="checkbox"/> Course(s) for Minor <input type="checkbox"/> <input type="checkbox"/> Total: 15-16 CHs		Kinesiology & Biomechanics (ESS 3213) <input type="checkbox"/> Kinesiology & Biomechanics Lab (ESS 3241) <input type="checkbox"/>  General education course(s) <input type="checkbox"/> Course(s) for Minor <input type="checkbox"/> <input type="checkbox"/> Total: 15-16 CHs	
Third Year – Fall Semester	✓	Third Year – Spring Semester	✓
Physiology of Exercise (ESS 3413) <input type="checkbox"/> Physiology of Exercise Lab (ESS 3441) <input type="checkbox"/>  General education course(s) <input type="checkbox"/> Course(s) for Minor <input type="checkbox"/> <input type="checkbox"/> General education course(s) <input type="checkbox"/> Total: 15-16 CHs		Internship (ESS 4483) <input type="checkbox"/> ESS Physical Activity (ESS 1161) <input type="checkbox"/> ESS Elective <input type="checkbox"/>  General education course(s) <input type="checkbox"/> Course(s) for Minor <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Total: 15-16 CHs	
Fourth Year – Fall Semester	✓	Fourth Year – Spring Semester	✓
ESS Elective <input type="checkbox"/> ESS Elective <input type="checkbox"/>  General education course(s) <input type="checkbox"/> Course(s) for Minor <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Total: 15-16 CHs		EXRX (ESS 4303) + Lab (ESS 4341) <input type="checkbox"/> Capstone (ESS 4663) <input type="checkbox"/> ESS Elective <input type="checkbox"/>  General education course(s) <input type="checkbox"/> Course(s) for Minor <input type="checkbox"/> <input type="checkbox"/> Total: 15-16 CHs	

✓	Requirements:	BS	BA
<input type="checkbox"/>	English Composition I (ENGL 1113)		3
<input type="checkbox"/>	English Composition II (ENGL 1213)		3
<input type="checkbox"/>	The Bible and Culture (REL 1003) <b>OR</b> Introduction to World Religions (REL 1513)		3
<input type="checkbox"/>	Literature: World (ENGL 2603) <b>OR</b> Western (ENGL 2103) <b>OR</b> British (ENGL 2403, 2413, 2703) <b>OR</b> American (ENGL 2713, 2813) <b>OR</b> Honors Seminar in Ethics & Lit (ENGL/PHIL 2004H)		3
<input type="checkbox"/>	Fine Arts (Any ART, FILM, MUS, THRE, DANC, INDP 1013, ENGL 2123)		3
<input type="checkbox"/>	Philosophy/Ethics (PHIL/REL 2163, 2213, 2313, 2413, 2613, 2703) <b>OR</b> PHIL/PHRH 2513 <b>OR</b> MGMT 2223 )		3
<input type="checkbox"/>	American/U.S. History (HIST 1003 or HIST 1103) (International Students must take HIST 1113)		3
<input type="checkbox"/>	American Governance (POLS 1113) (International students must take POLS 1013)		3
<input type="checkbox"/>	Introduction to Psychology (PSYC 1113)		3
<input type="checkbox"/>	Mathematics (MATH 1503 or 1603, ECON 2123, PSYC 2303 <b>OR</b> a higher-level mathematics class)		3
<input type="checkbox"/>	Methods of Scientific Inquiry (SCI 1003)		3
<input type="checkbox"/>	Integrated Science Laboratory (SCI 1041) [ Not required for those who have passed a 2000 level or above lab science ]		1
<input type="checkbox"/>	Foreign Language. - BS/BFA requires 6 hours (2 courses) - BA requires 12 hours (4 courses)	6	12
<input type="checkbox"/>	Cross-Cultural Studies		
<input type="checkbox"/>	Service Learning		
<input type="checkbox"/>	Capstone		
<input type="checkbox"/>	Public Speaking (PHRH 1103)		3
<input type="checkbox"/>	Laboratory Science (BIOL, CHEM, or PHYS)		4
<input type="checkbox"/>	International or Diversity (approved courses or study abroad)		3

& MINOR in:	
Courses	CHs
_____	_____
_____	_____

\_\_\_\_\_  
 Advisor Signature      MM DD YYYY

\_\_\_\_\_  
 Student Signature      MM DD YYYY

\* Specific course offerings may vary dependent upon enrollment and faculty availability; courses may not fall in the exact semester listed above.  
 \*\* This template, of 15-16 CHs per semester, with a 124 CHs total (some dedicated to the Major and some dedicated to General Education), will result in a 4-year degree completion.