



Alcohol and Other Drugs Committee

OKLAHOMA CITY UNIVERSITY

Drug Free Schools and Communities Biennial Review

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Oklahoma City University complies with the Drug-Free Schools and Communities Act of 1989 which requires institutions of higher education to design and implement alcohol and illicit drug programs on their campuses, as a condition of receiving federal funds. The act requires a biennial review of the programs provided by the University.

Philosophy:

Beyond the legal requirements, OCU is a faith-based University, embracing the traditions of the United Methodist Church. The rigorous curriculum focuses on Student's intellectual, moral and spiritual development to prepare each student to become effective leaders in service to their communities. Oklahoma City University approaches alcohol and other drug abuse with compassion. Guidance is direct, firm, and supportive with proactive programs in place to educate students and employees.

Drug and Alcohol Prevention and Education:

Expectations Regarding Alcohol

Oklahoma City University does not allow alcohol use on campus. Unauthorized possession, use, or distribution of alcoholic beverages is prohibited by any student or student group on campus or at University-sponsored events on-and-off campus. Under no circumstance is alcohol permitted in any residential facility owned and operated by the University.

Laws Pertaining to Alcohol

According to Oklahoma law (**§37-241.**), Any person who willfully furnishes alcohol to a minor will be guilty of a misdemeanor for a first violation and shall be punished by a fine of not more than Five Hundred Dollars (\$500.00), or imprisoned in the county jail for not more than one (1) year, or by both such fine and imprisonment.

In addition, under Oklahoma Law (**§37-246**), Any minor in possession shall be guilty, upon conviction, of a misdemeanor and punished by a fine not to exceed Three Hundred Dollars (\$300.00) or ordered to perform community service not to exceed thirty (30) hours, or both such fine and community service. In addition, if the person has an Oklahoma driver license issued by the Department of Public Safety, that license shall be revoked for the period of time provided in Section 6-107.1 of Title 47 of the Oklahoma Statutes. If the person does not have an Oklahoma driver license, the person shall be ineligible to obtain an Oklahoma driver license for the period of time provided in Section 6-107.1 of Title 47 of the Oklahoma Statutes.

Social host laws were passed and implemented in 2011. HB 1211 clearly states that *No person shall knowingly and willfully permit any individual under twenty-one (21) years of age ...to possess or consume any alcoholic beverage... any low-point beer... any controlled dangerous substance... or any combination thereof.* HB 1211 has a sliding scale from a misdemeanor conviction and fines for first-time offenders of \$500 or less to a felony conviction, fines up to \$2,500 and jail time of up to five years for repeat offenders. Also, any convicted Social Host can be convicted of a felony; pay the top fines and serve jail time in addition to those already assessed if "great bodily injury or the death of a person" occurs.

Expectations Regarding Drugs

Oklahoma City University does not condone or permit the possession, use, distribution, or sale of any controlled dangerous substance on the campus, the areas surrounding the campus, or at University-sponsored events on and off the campus. Students found responsible of violating the policy will be subject to disciplinary action, which could include suspension or expulsion from the University.

It is the expectation of Oklahoma City University that students, faculty, and staff who observe or suspect that a violation of the substance abuse policy is being committed in noted jurisdictions will report it to the appropriate authorities. While the major thrust of Oklahoma City University is drug education and prevention, the University will take appropriate disciplinary actions to provide a drug free environment in which our students may grow intellectually and socially.

PREVENTION

Alcohol and other drug abuse are major college student health concerns. More than 200,000 are affected nationally and the numbers are growing. Oklahoma City University's substance abuse policy couples an abstinence-based policy, steeped in a clear and consistent no-use message, with harm reduction theory to reduce the number of incidents of risky behaviors that are frequently associated with alcohol and other drug abuse. The campus prevention program emphasizes preventive education and early intervention. The program avoids common red flags in prevention that have the specific or tertiary effect of instilling fear of alcohol and drugs. The end goal of this programming is to create a non-threatening environment where students are encouraged to engage in meaningful discussions, prompt reflection, and an increased understanding of alcohol and drug related values, beliefs, and behavior.

Oklahoma City University's substance abuse education/prevention program provides many opportunities. Any student experiencing substance abuse problems is encouraged, voluntarily, on a confidential basis, to report the problem to student counseling or any other trusted staff member. Included in this definition are student health professionals, housing, campus security, and the Dean of Students. These individuals will be responsible for reporting this information to the appropriate campus personnel.

In alignment with the Institute of Medicine (IOM) Prevention Model, OCU's efforts are broken into three parts:

- i) **Universal Prevention** is offered to everyone regardless to the presence or absence of risk factors. These include drug and alcohol-free activities delivered by faculty and staff in university housing as well as **SGA** offerings. Attached is a complete calendar of activities currently offered by OCU (Appendices A).
 - a. All incoming first-year students and transfer students will complete pre-orientation online education modules that include information on alcohol and other drug policies, campus safety, sexual and dating violence, and harassment.

- b. Parents of incoming first-year students and transfer students will receive an email from the Dean of Students outlining the institution's alcohol and other drug policy and the student conduct process.
 - c. All first-year students will attend a mandatory campus safety meeting during Stars Week each fall.
- ii.) **Selective Prevention** activities are for the OCU population who are indicated through an on-line screener as those who are at high risk of engaging in risky behaviors. These include freshman, incoming students, 1L's, Greek letter groups and athletics. These activities are targeted specifically toward these groups and may include: required attendance at forums and guest speaking engagements centered around substance abuse prevention and/or further screenings with a counselor regarding at-risk behaviors.

Although OCU is a "dry" campus we believe that a multi-faceted approach to this very sensitive topic is very necessary to meet the needs of our students who demonstrate high risk factors. Age appropriate harm reduction sessions focusing on responsible drinking, designated drivers, ramifications of alcohol and drug abuse, and social responsibility, among other topics, will be discussed. This harm reduction approach has proven to be successful on college campuses with 68% of the student population self-determining to abstain from alcohol use.

- iii.) **Indicated Prevention** is directed at students who have been identified through brief intervention or treatment and will remain on case management status for the remainder of the academic year with recommendations for the ensuing academic school year to be determined by the appropriate staff. This activity will be considered post-intervention and will encourage students to make healthy choices, follow treatment or counseling recommendations, and help deter future risk behaviors. It will also help quickly direct those students back to appropriate personnel in instances of relapse. Mentees may be assigned to Senior Residents, Student Success Coordinators, and selected Student Affairs Personnel; this peer/trusted adult support model provides knowledge, experience, emotional, social, and practical help.

In the OCU context, the model refers to trained supporters who listen, mentor, or provide support. The implication is that the relationship is one of equality, trust, and positive coaching/nurturing. The underlying context is vested in social support, social learning theory, social comparison, and social norms theory. Activities will be reviewed by the substance abuse advisory group on a quarterly basis with insertions or deletions at the consensus of the group."

PARENTS

Parents are valued partners in the educational process and provide a strong foundation for prevention. During each Stars 101 event, parents of first-year students attend an educational session at which the Vice President of Student Affairs/Dean of Students discusses alcohol and other drugs on-campus and the student conduct process. Parents of first-year student are also included in new student orientation week and are invited to attend the Parent & Family Information Sessions during Stars Week each fall.

Parents will also be supported throughout the academic year at key times with mail-outs, emails, and social media updates on topics such as positive family support, healthy alternatives to stress, and communicating with emerging adults. The focus is to help parents communicate effectively and facilitate healthy life transitions.

EDUCATION

In keeping with a prevention-based foundation, Oklahoma City University will align itself with a Screening, Brief Intervention, and Referral to Treatment (SBIRT) model. "Screening tests are a first-line defense in the prevention of disease" (NIAAA, 2005). Screeners can be utilized at any time. Every first-year and incoming transfer student will be required to complete a pre-orientation online education module on alcohol and other drugs, by the first day of classes. If not completed by that time, a grade hold will be placed on the student's account until the modules are completed. Additionally, the student may be charged with a violation of the Student Code of Conduct.

All screening activities will take place in a confidential setting and results will be treated as confidential information. Students identified as at-risk for potential addiction-related behavior will be referred to the University Counseling Center (UCC) for brief intervention (BI). A comprehensive list of substance abuse agencies in the community will be made available to all of those who are regarded as high at-risk as determined by the results of the UCC BI.

At this time, and for the purposes of the OCU Prevention Program, use is defined as the use, abuse, of drug or alcohol by students but they are not dependent on the substance. Addiction is the use of drugs and alcohol with a dependency on them regardless of consequences. The majority of students on the OCU campus would fall under the use/abuse category.

On-campus alcohol and other drug education efforts include:

- Letters to off-campus students sent at the beginning of the fall semester
- Alcohol education pamphlets included in first-year student move-in packets
- Informative poster campaign in residence halls at the beginning of the fall semester
- Alcohol usage survey to be distributed in late August/early September
- Social media campaigns throughout the year
- Alcohol education event in conjunction with Residence Life in Walker Hall, the freshmen residence hall, in September

- Programming for National College Alcohol Awareness Week in October and Alcohol Awareness Month in April

In addition to the aforementioned education efforts, University Counseling will also provide educational programming accessible to students one time per semester, to be held in conjunction with the weeks prior to Fall and Spring breaks. Programming formats have included interactive and hands-on learning, including a walk-through demonstration of being arrested for a DUI/possession of illicit substances. Information presented included “drunk goggles”, the cost of a DUI, and consequences through the university.

BRIEF INTERVENTION

Brief Intervention will be provided for low cost on campus. Students under the age of 18 can self-refer to BI or be recommended by faculty/staff, policy infractions, Student Success Coordinator, and parents. Students over 18 should be encouraged to call the Director of University Counseling and set up their own appointment.

The assessment tool utilized will be the Substance Abuse Subtle Screening Inventory. A \$100 fee will be charged to defray the expense of utilizing the inventory, and the remainder will be placed in the AOD fund. This fund pays for expenses related to the continuation of alcohol and other drug education.

- Session 1. Administration of SASSI
- Session 2. Results reviewed with client and treatment recommendations provided.

At any time during the Brief Intervention a student can be given a free referral to treatment for a higher level of care. A need for higher level of care would include continuation of usage despite the consequences with the risk of self or others.

REFERRAL TO TREATMENT

Students who exhibit addictive behaviors will be given the option of attending treatment. A free referral to substance abuse treatment will be given to the student whose assessment results indicate a higher level of care. Counseling will refer them to treatment but will not recommend a certain facility.

As a matter of policy Oklahoma City University will not make referrals to counseling or treatment facilities. In lieu of referral a list of accredited agencies in the area will be given and the student will then make the choice. This releases the university from any liability concerns stemming from the treatment modalities utilized.

CONSEQUENCES

Consequences should be individually based within this framework. Students who violate the OCU Student Code of Conduct and present symptoms of drug and alcohol use/abuse are referred to the OCU Counseling Center for screening. Consequences should fit the “crime” and be progressive.

Students found responsible for drug and alcohol related offenses are subject to campus disciplinary action that provides for sanctions of varying severity including an administrative fee of \$100 dollars, a \$100.00 assessment fee, University housing suspension, University suspension and expulsion. The parent(s)/legal guardian(s) of students under the age of 21 may be notified. Severe violations of the substance abuse policy, such as possession with intent to distribute, purchasing for a minor, destruction of property, or assault and battery while under the influence of substance use may subject the student to interim restriction, University suspension, expulsion and/or arrest.

Any student who self-refers and is found to be addicted to any substance may not be suspended or expelled unless the behavior becomes a threat to the personal safety of themselves, or those around them.

If a student is determined to be under the influence and exhibits aggressive behavior or is deemed to be harmful to themselves or others, they may be transported to an inebriation alternative center as an alternative to county jail. If at any time during their visit they are incompliant, they will automatically be transported to county jail.

Sanctions:

The below chart is only a guide. In assigning sanctions, the Student Conduct Officer will consider: (a) facts of the case, as presented; (b) type and severity of the misconduct; (c) mitigating factors; (d) impact of the misconduct; (e) respondent’s conduct history including probation status; (f) demeanor towards involved University employees; if applicable; (g) the respondent’s willingness and/or ability to accept responsibility and (h) precedent, if applicable.

	Alcohol contact and no behavior issues	Alcohol contact and/or public intoxication and/or behavior issues
1st Violation	<ul style="list-style-type: none"> • OCUPD ticket & \$100 fine • AOD \$100 fee (may be deferred) • Warning letter • Online alcohol module • Educational essay (if needed) • Online OCU alcohol assessment (if needed) 	<ul style="list-style-type: none"> • OCUPD ticket & \$100 fine • AOD \$100 fee (may be deferred) • Parental notification if under 21 (if needed) • Online OCU alcohol assessment • Educational essay (should reflect the violation and behavior of student) • Conduct probation

2nd Violation	<ul style="list-style-type: none"> • OCUPD ticket & \$100 fine • AOD fee • Parental notification (if needed) • Referral for alcohol/drug assessment via OCU Counseling Center at own cost (if needed) • Community service • Conduct probation 	<ul style="list-style-type: none"> • OCUPD ticket & \$100 fine • AOD fee • Parental notification (if needed) • Referral for alcohol/drug assessment via OCU Counseling Center at own cost • Community service • Conduct probation
3rd Violation	<ul style="list-style-type: none"> • OCUPD ticket & \$100 fine • AOD \$300 fee • Completion of outside substance use assessment and any recommended treatment program, at own cost • Parental notification • Removal from OCU Housing (if needed) • Suspension/removal from OCU (if needed) 	<ul style="list-style-type: none"> • OCUPD ticket & \$100 fine • AOD \$300 fee • Completion of outside substance use assessment and any recommended treatment program, at own cost • Parental notification • Removal from OCU Housing (if needed) • Suspension/removal from OCU (if needed)

OKLAHOMA CITY UNIVERSITY’S POLICY ON PARENT/LEGAL GUARDIAN NOTIFICATION OF ALCOHOL AND CONTROLLED SUBSTANCE VIOLATIONS

The Higher Education Act Amendments of 1998 included provisions amending the Family Educational Rights and Privacy Act of 1974 (“FERPA”). Specifically, FERPA authorizes higher education institutions to disclose to a student’s parent or legal guardian information regarding “any violation of Federal, State, or local law, or any rule or policy of the institution governing the use or possession of alcohol or a controlled substance, regardless of whether the information is contained in the student’s educational records.”

Oklahoma City University, in accordance with Federal law, may contact the parent(s) of a student who is found responsible for a violation of the University’s Student Code of Conduct.

Alcohol and Other Drug Policy:

The Oklahoma City University Alcohol and Other Drug Use Policy can be found online in the Student Handbook at <http://www.okcu.edu/campus/>.

The policy is also listed below.

Oklahoma City University is to be a safe environment free from alcohol and other drugs. The University recognizes that the use of alcohol and illegal drugs diminishes the strength and vitality of human resources and the integrity of the institution. It is the intent of the University to educate and encourage students to abstain from alcohol and other drugs.

Alcohol and Drug Education

Oklahoma City University recognizes its responsibility to help educate its students concerning alcohol and other drug use, abuse, and addiction. The University will offer lectures, courses, workshops, and prevention programs. The Dean of Students Office, Student Health, and the University Counselor will provide literature on resources, referral services and educational material on the use, abuse, and addiction to all drugs and treatment options.

Drug and Alcohol Dependency Testing

The University may require any student, who is reasonably suspected of drug use, to undergo drug testing. The University may require a drug and alcohol dependency evaluation with either an in-house or contracted program that provides substance abuse counseling, treatment, or rehabilitation. A release of information form provided by the University must be signed by the student prior to any referral for testing or counseling. Students receiving sanctions requiring treatment may use any other certified program. In any case, a student must provide proof of treatment before consideration is given to his or her reinstatement.

Disciplinary Action for Drug and Alcohol Use

Any student found using or distributing alcohol and other drugs on campus, in on-campus housing, or during campus- sponsored activities can face disciplinary action by the University. The disciplinary action may include a drug assessment, referral for counseling, and/or treatment based upon the recommendation of a University approved counselor or counseling service. The University may take disciplinary action against a student who refuses to undergo drug and alcohol testing. Any student has the right to an explanation, in confidence, of the test results and may obtain a copy of all information and records related to testing. Information related to drug and alcohol tests will be kept confidential and apart from other student records.”

Employees

Policies have been established by the Human Resources Department regarding prohibiting Drug and Alcohol Use. Policies 7.01 and 7.02 can be found in the Staff Handbook, located online at <http://starnet.okcu.edu/admin/HR/Policies/Staff%20Handbook.pdf>

Biennial review

The Drug and Alcohol policy was last revised in May 2016. The most currently policy was placed in the student handbook and OCU website. The policy will be reviewed again in Spring of 2017 to comply with university policy. Those on the committee for review and policy include representatives from:

- Counseling
- Health
- Police
- Housing
- Athletics
- Religion
- Student affairs
- International
- Intramural sports
- Student body representative

Policy Distribution:

The AOD Policy distribution process to OCU Students is handled through a variety of methods:

1. Freshman Orientation/New Student Orientation/Registration sessions. All first-year students and transfer students are required to complete a pre-orientation online education module covering alcohol and other drugs. The module addresses the campus alcohol and other drugs policy.
2. The Student Handbook includes a section for the AOD Policy and the Drug Free Schools Act information is included for the students to read and review.
3. During each Stars 101 event, parents of first-year students attend an educational session at which the Vice President of Student Affairs/Dean of Students discusses alcohol and other drugs on-campus and the student conduct process. .

OCU Employees receive the same Drug Free information also through a variety of methods:

1. New employee orientation sessions include the Drug Free Schools Act information.
2. Employee Handbook is provided at the orientation and includes the AOD Information.
3. The AOD policy is listed online for viewing at any time by employees as well as students and parents. This policy is reviewed and updated every two years and posted on the OCU Website.

Federal Trafficking Penalties – Marijuana

DRUG	QUANTITY	1 ST OFFENSE	2 ND OFFENSE
Marijuana	1,000 kg or more mixture; or 1,000 or more plants	<ul style="list-style-type: none"> • Not less than 10 years, not more than life • If death or serious injury, not less than 20 years, not more than life • Fine not more than \$4 million if an individual, \$10 million if other than an individual 	<ul style="list-style-type: none"> • Not less than 20 years, not more than life. • If death or serious injury, mandatory life • Fine not more than \$8 million if an individual, \$20 million if other than an individual
Marijuana	100 kg to 999 kg mixture; or 100 to 999 plants	<ul style="list-style-type: none"> • Not less than 5 years, not more than 40 years • If death or serious injury, not less than 20 years, not more than life • Fine not more than \$2 million if an individual, \$5 million if other than an individual 	<ul style="list-style-type: none"> • Not less than 10 years, not more than life • If death or serious injury, mandatory life • Fine not more than \$4 million if an individual, \$10 million if other than an individual
Marijuana	more than 10 kg hashish; 50 to 99 kg mixture more than 1 kg of hashish oil; 50 to 99 plants	<ul style="list-style-type: none"> • Not more than 20 years • If death or serious injury, not less than 20 years, not more than life • Fine \$1 million if an individual, \$5 million if other than an individual 	<ul style="list-style-type: none"> • Not more than 30 years • If death or serious injury, mandatory life • Fine \$2 million if an individual, \$10 million if other than individual
Marijuana	1 to 49 plants; less than 50 kg mixture	<ul style="list-style-type: none"> • Not more than 5 years • Fine not more than \$250,000, \$1 million other than individual 	<ul style="list-style-type: none"> • Not more than 10 years • Fine \$500,000 if an individual, \$2 million if other than individual
Hashish	10 kg or less		
Hashish Oil	1 kg or less		

Federal Trafficking Penalties

DRUG/SCHEDULE	QUANTITY	PENALTIES	QUANTITY	PENALTIES
Cocaine (Schedule II)	500 – 4999 grams mixture	First Offense: Not less than 5 years and not more than 40 years. If death or serious injury, not less than 20 or more than life. Fine of not more than \$2 million if an individual, \$5 million if not an individual. Second Offense: Not less than 10 years, and not more than Life. If death or serious injury, life imprisonment. Fine of not more than \$4 million if an individual, \$10 million if not an individual	5 kg or more mixture	First Offense: Not less than 10 years and not more than life. If death or serious injury, not less than 20 years or more than life. Fine if not more than \$4 million if an individual, \$10 million if not an individual Second Offense: Not less than 20 years, and not more than life. If death or serious injury, life imprisonment. Fine of not more than \$8 million if an individual, \$20 million if not an individual. 2 or More Prior Offenses: Life imprisonment
Cocaine Base (Schedule II)	5 – 49 grams mixture		50 grams or more mixture	
Fentanyl (Schedule II)	40 – 399 grams mixture		400 grams or more mixture	
Fentanyl Analogue (Schedule I)	10 – 99 grams mixture		100 grams or more mixture	
Heroin (Schedule I)	100 – 999 grams mixture		1 kg or more mixture	
LSD (Schedule I)	1 – 9 grams mixture		10 grams or more mixture	
Methamphetamine (Schedule II)	5 – 49 grams pure or 50 – 499 grams mixture		50 grams or more pure, or 500 grams or more mixture	
PCP (Schedule II)	10 – 99 grams pure or 100 – 999 grams mixture		100 grams or more pure, or 1 kg or more mixture	
PENALTIES				
Other Schedule I and II drugs (and any drug product containing Gamma Hydroxybutyric Acid)	Any amount	First Offense: Not more than 20 years. If death or serious injury, not less than 20 years, or more than life. Fine \$1 million if an individual, \$5 million if not an individual. Second Offense: Not more than 30 years. If death or serious injury, not less than life. Fine \$2 million if an individual, \$10 million if not an individual.		
Flunitrazepam (Schedule IV)	1 gram or more			
Other Schedule III drugs	Any amount	First Offense: Not more than 5 years. Fine not more than \$250,000 if an individual, \$1 million if not an individual. Second Offense: Not more than 10 years. Fine not more than \$500,000 if an individual, \$2 million if not an individual.		
Flunitrazepam (Schedule IV)	30 to 999 mg			
All other Schedule IV drugs	Any amount	First Offense: Not more than 3 years. Fine not more than \$250,000 if an individual, \$1 million if not an individual. Second Offense: Not more than 6 years. Fine not more than \$500,000 if an individual, \$2 million if not an individual.		
Flunitrazepam (Schedule IV)	Less than 30 mg			
All Schedule V drugs	Any amount	First Offense: Not more than 1 year. Fine not more than \$100,000 if an individual, \$250,000 if not an individual. Second Offense: Not more than 2 years. Fine not more than \$200,000 if an individual, \$500,000 if not an individual.		

AOD Program and Recommendations:

1. Implement and deliver a formal survey on campus consistent with ongoing programs elsewhere in the nation.
2. Continue to provide AOD Programming that focus on alcohol abuse while enhancing efforts to address marijuana and prescription drug abuse.
3. Continue to change the culture of AOD among college students in addition to prevention, intervention, and harm reduction.
4. Identify Drug Free Program strengths and weaknesses.
5. Integrate education and prevention programming through university activities and committees.

OCU Alcohol and Other Drug Related Conduct Charges

<u>OCU Student Code of Conduct</u>				
<u>Annual comparison of Alcohol and Controlled Substance Violations</u>				
	<u>2013-14</u>		<u>2014-15</u>	
	<u>#</u>	<u>% total</u>	<u>#</u>	<u>% total</u>
<u>Total Charges</u>	<u>117</u>	<u>100%</u>	<u>38</u>	<u>100%</u>
<u>Controlled Substances</u>	<u>10</u>	<u>8%</u>	<u>5</u>	<u>13%</u>
<u>Alcohol</u>	<u>84</u>	<u>72%</u>	<u>29</u>	<u>76%</u>
<u>Alcohol & Drugs Combined</u>	<u>94</u>	<u>80%</u>	<u>34</u>	<u>89%</u>